



# 2010 Alberta Age Group Prov Champs Short Course Host: Edmonton Keyano Swim Club

**Date:** Friday, March 5 – Sunday, March 7, 2010

**Pool:** Kinsmen Sports Centre  
9100 Walterdale Hill NW  
Edmonton, AB

Friday	Session 1 - Prelims	Warm-up	8:00 am	Start	9:00 am
	– Finals	Warm-up	5:00 pm	Start	6:00 pm
Saturday	Session 2 - Prelims	Warm-up	8:00 am	Start	9:00 am
	– Finals	Warm-up	5:00 pm	Start	6:00 pm
Sunday	Session 3 - Prelims	Warm-up	8:00 am	Start	9:00 am
	– Finals	Warm-up	4:30 pm	Start	5:30 pm

Please be on deck 15 minutes **BEFORE** warm up starts

**Meet fees:** \$8.00 per event - 6 events (swimmers may swim up to 8 events if qualified)

**Meet Cancellation deadline:** Tuesday, February 16, 2010

Meet cancellations must be made with Coach Todd at 403-995-3932 or [todd@foothillsstingrays.com](mailto:todd@foothillsstingrays.com) and to [treasurer@foothillsstingrays.com](mailto:treasurer@foothillsstingrays.com).

***ELIGIBLE SWIMMERS WHO DO NOT WITHDRAW BY THE DEADLINE WILL BE ENTERED IN THE MEET AND WILL BE RESPONSIBLE FOR COSTS OF ATTENDING, WHICH MAY INCLUDE MEET FEES, TRAVEL COSTS, ETC.***

**Officials:** Please contact Carey Simpson at [officials@foothillsstingrays.com](mailto:officials@foothillsstingrays.com) to assist with officiating at this meet.

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## Session 1

10&U 100 Back  
11-14 100 Back  
12&U 200 Fly  
13-14 200 Fly  
10&U 100 Free  
11-14 100 Free  
12&Under 400 IM  
13-14 400 IM  
10&U 50 Breast  
11-14 50 Breast  
14&U Girls 800

## Finals

14&U Girls 800 Free (Top 8)  
Session 1 Prelim Events  
12&U 400 Free Relay  
13-14 400 Free Relay

## Session 2

10&U 200 IM  
11-14 200 IM  
150 IM  
10&U 50 Free  
11-14 50 Free  
10&U 200 Back  
11-14 200 Back  
10&U 50 Fly  
11-14 50 Fly  
10&U 100 Breast  
11-14 100 Breast  
10&U 400 Free (TF)  
11-14 400 Free

## Finals

Session 2 Prelim Events  
4x50 Free Relay

## Session 3

10&U 100 Fly  
11-14 100 Fly  
10&U 200 Free  
11-14 200 Free  
10&U 50 Back  
11-14 50 Back  
10&U 200 Breast  
11-14 200 Breast  
10&U 100 IM  
11-14 100 IM  
14&U 1500 Free

## Finals

14&U Boys 1500 Free (Top 8)  
Session 3 Prelim Events  
4x50 Medley Relay