

2009-10 FSSC Competition and Event Schedule

Week Ending	PERFORMANCE	DEVIL	LEOPARD	DRAGON	DIAMOND	TIGER	MINI's
October 4	Swim Season Kick Off Pot Luck & General Meeting - DeWinton Community Hall - October 4 - 3:00 - 6:00 pm - FSSC Hosted Event						
October 11							
October 18			NCSA's Halloween Howler Jr Circuit - Calgary - October 17 - Non "B" Qualifiers				
October 25	LASC Fall Invitational - Lethbridge - October 24-25						
November 1	Swim-A-Thon Pledge Drive - October 31 - 9:00 - 11:00 am - FSSC Hosted Event						
November 8	VKSC Fall Invitational - Vernon - Club Bus Trip - November 6-8						
	Stroke & Turn Officials Clinic - November 12 - 4:30 - 6:30 pm - FSSC Hosted Event						
November 15			Wacky T-Shirt Jr. Meet - High River - November 14 - Non "B" Qualifiers				
November 22	AMAC Kinsmen Fall Invitational - Medicine Hat - November 21-22						
November 29	Swim-A-Thon - November 26 and/or 27 - FSSC Hosted Event						
December 6	JP Fiset Invitational - Edmonton - December 3-6						
December 13	Team Photos with Santa Jr. Meet - FSSC Hosted Meet - December 12 - Non "B" Qualifiers						
December 20							Skills N Thrills - Dec 17 - Session 1 Finished
December 27	Christmas Break - No Swimming						
January 3	In House Training Camp				Christmas Break - No Swimming		
January 10							
January 17	UCSC Grand Prix - Calgary - January 15-17 - Qualified attendees - B time or higher						
January 24							
January 31	Senior Championships - Medicine Hat - Jan 29-31 - 15+ with B+ Qualifying Standard						
February 7	Black & Blue Meet - FSSC Hosted Meet - February 6-7						
February 14							
February 21	Western Nationals - Saskatoon - Feb 18-21 - Western National Qualifying Standard						
February 28	Alberta Age Group Trials - Sherwood Park - February 26-28 - 14 & Under with "B" Qualifying Standard						
March 7	Alberta Age Group Championships - Edmonton - March 5-7 - 14&Under with "A" Qualifying Standard						
March 14			Wild Hair Jr. Meet - Calgary Winter Club - March 13 - Non "B" Qualifiers				
	NO TRAINING - WEEK OFF						
March 21	Swim Alberta North vs South Dual Meet and Training Camp - Edmonton - March 20-21 - Top 16 highest ranking 11-12 yr olds at Age Group Champs for Southern Region						

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March 28	Alberta vs BC Dual Meet & Training Camp - Kamloops, BC - March 25-28 - Top 8 - 13 & 14 yr old boys & girls at Age Group Champs in Prov						
April 4							
April 11	Out of Town Training Camp - Apr 1-11		Regular Training & Out of Town Training Camp April 8-11			Regular Training	Easter Break - No Swimming
April 18	Masters Provincials - FSSC Hosted Meet - April 17-18 - Adult Competitive Swimmers Dinner, Dance & Silent Auction Fundraiser - April 17 - Okotoks Curling Rink - 6:00 pm - 1:00 am - FSSC Hosted Event						
April 25							
May 2	EKSC EKI - Long Course - Edmonton - April 29-May 2 - "B" Qualifying Standard or Higher						Skills N Thrills - Apr 29 - Session 2 Finished
May 9	Spring Fling Wind Up Jr. Meet - FSSC Hosted Meet - May 8-9 - Non "B" Qualifiers -			Non-Qualified Diamond & Tiger Rays Finished			
May 16							
May 23							
May 30	T-Rex Long Course Invitational - Calgary - May 29-30						
June 6							
June 13	Freeze or Fry - Long Course - Red Deer - June 11-13						
June 20	Alberta Age Group Trials - Lethbridge - June 18-20 - 14 & Under with "B" Qualifying Standard - All Non-Qualified swimmers finished						
June 27							
July 4	Alberta Age Group & Senior Championships - Edmonton - July 1-4 - 14&Under with "A" Qualifying Standard/15+ with B+ Qualifying Standard						
July 11							
July 18			Alberta Summer Games - Peace River - July 19-22 - Zone 2 selected swimmers only				
July 25	Cdn Age Group Championships - Winnipeg - July 21-25 - AGN Qualifying Standard						

Junior Swim Circuit (JSC) - Restricted to swimmers that have not achieved an Alberta Trials Qualifying time in the 400 Free or 200 IM or an "A" time in any event.

Alberta Trials - Qualify with Alberta Trials Standard in 400 Free or 200 IM, 14 & under only

Alberta Age Group Championships - Qualify with Alberta "A" standard in any event, 14 & under only

Alberta Senior Championships - 15 & O qualify with a 15 & over Alberta Trials standard in any event, 14 & U qualify with a 15 & over Alberta "A" standard in any event

Western Canadian Championships - Qualify with a Western Canadian standard in any event

Age Group Nationals - Qualify with an age specific Club National standard in any event

Qualifying standards can be achieved short course or long course for all competitions

Swimmers may not qualify for all meets on their group schedule and also may qualify for meets that are not on their group schedule. - Please ask your group coach if you are unsure about which competitions your swimmer(s) qualify for.